

Are you a

parent or carer

from a

diverse background?



What information and services or supports do you use to help you as a parent?

Connect with other parents from diverse backgrounds in your community to share your stories and experiences of how you and your family support your children's wellbeing.

Help us to understand where and how you receive help when it comes to your child's wellbeing. Share your own lived experience and knowledge to help us understand what makes parenting services and resources more accessible.

We will be running a series of 2 hour workshops between 19 September to 21 October 2022 to talk together and work on some activities to help us understand your experiences with parenting information, support and services for the wellbeing of your children or children in your care. This information will contribute to a campaign by your local primary health network to help your community access the right support, in the right place at the right time.

Workshop places are limited; if you participate, you will be paid \$120 for a 2 hour workshop, in the form of a Visa Debit gift card.

Who will be running the sessions?

Parenting Research Centre has partnered with design agency Portable to deliver these sessions. We are committed to providing a safe and welcoming place for people of all ages, abilities, genders, cultural, ethnic or religious backgrounds. This program is funded by North Western Melbourne Primary Health Network, working in partnership with Parenting Research Centre.



Please complete this 5 minute survey to express your interest in participating!

Survey link: <https://bit.ly/3OkJlDq>

If you're unable to complete the survey online, please leave your contact details in a message with PRC, on 8660 3500 and we will get back to you.